



We are expanding our junior database and hope to encourage more players to participate both at County or Club level, so if you know anyone who would like to receive regular information about Middlesex, please contact us at [kk@aba.abel.co.uk](mailto:kk@aba.abel.co.uk)



### COACHING

Under 11 training took place at Princes on 24 January 2010 with our budding stars of the future, (including William Prior, Zach Abbs, Josh Abbs, Sahej Maker, Oscar Khoo, Sajaan Chouhan) with input from Graeme Williams, England Squash. The next regional U11 training is Sunday 4th April – let Rick or Shaheen know if you have a good U11 player but were not invited last time.

[rick@middlesex-squash.com](mailto:rick@middlesex-squash.com)

The idea of the day was to look at the basic technique for the forehand and backhand. We discussed the correct grip and tried to get all the players using this although this needs further work. We then went into some feeding and conditioned games trying to work on racket preparation, spacing and shoulder/hip rotation.

We are doing another mini squad on 12th March at Princes at 4.30pm for 1.5hrs. If any players interested please contact Rick or Kirstie Thompson.

We are looking at running another Level 1 coaches course soon as the one at Southgate is already full. If anyone is interested please let Tim know. [tim@taylors.org.uk](mailto:tim@taylors.org.uk)

### A MESSAGE TO ALL COACHES AND POTENTIAL COACHES FROM KIRSTIE THOMPSON, THE ENGLAND SQUASH & RACKETBALL LONDON REGION ADMINISTRATOR

Dear coaches,

Please could you fill in the questionnaire on the below link to let us know your availability to coach, so that we can see if we can match any available coaches up with work.

<http://www.surveymonkey.com/s/6GVXMBM>

Please pass this on to any coaches that you know. If you are not a coach and would like to be please also let me know. Many thanks

Kirstie Thompson Regional Administrator London - Middlesex - Surrey - Sussex - Kent  
Website: [englandsquashandracketball.com](http://englandsquashandracketball.com)



### U17s Stage 2 Inter County; Trophy Competition

1. Andrew Taylor; Finchley Manor
2. Kit Dickeson; Uxbridge
3. Matt Wells; Princes
4. James Boon; Uxbridge
5. Ben Dixon; Princes

On Sunday Jan 31<sup>st</sup>, the U17s travelled to St Ives in Cambridge to play Norfolk, Northampton and Cambridge. Norfolk withdrew and so we started with Cambridgeshire. Matt started slowly, losing a game, but came back strongly to win 3:1. James dominated his opponent with sheer speed around the court 3:0 and Ben settled after losing the first game to win 3:1. Andrew and Kit then finished easily without dropping a game.

Middlesex 5 - Cambs 0 Points; Middlesex 20 - Cambs 2

Because the first tie was over so quickly, we went ahead and played Northants before lunch. Again, Ben, James and Matt opened. James dropped his first game 12:14 but then his superior speed took over and he won 3:1. Ben and Matt finished theirs without dropping a game. Finally Kit and Andrew played at 2 and 1 and swept their opponents aside, although Kit relaxed too much in the third and had to tighten up to pull back to win 14:12 at the end.

Middlesex 5 - Northamptonshire 0 Points; Middlesex 20 - Northants 1

A friendly lunch was enjoyed together before we made a very early return home. Now we look forward to the Trophy final at the end of March ; venue to be arranged by England Squash. An excellent performance from all the team to drop only 3 games all day!

Graham Dickeson; U17 boys Manager.



## LONDON YOUTH GAMES

Once again, squash for boys and girls will be part of the London Youth Games – check out the website at:

<http://www.londonyouthgames.org/page.asp?section=252&sectionTitle=The+Games+2010>

Most events will have qualifying rounds taking place in June/July at various venues for the different sports.

If you want to take part, contact your Borough Youth Sports officers, or your club coach or team manager.



### INTER COUNTY STAGE 2 UNDER 13 BOYS : 31 January 2010 in Northampton

Nottinghamshire	v	Middlesex	<b>Score</b>	<b>Games</b>
Elliott Davies		Sam Dixon	1/3	12/10 2/11 7/11 8/11
Kieran Heaphy		Zach Abbs	0/3	7/11 3/11 6/11
Fergus McKeever		Callum Zehner	0/3	12/14 6/11 9/11
Ryan Spencer		Ieuan Jones	0/3	4/11 2/11 3/11
Ivan Garraghan		Mark Fincham	0/3	6/11 7/11 8/11
		<b>Result Middlesex beat Notts 5-0</b>		
Derbyshire	v	Middlesex	<b>Score</b>	<b>Games</b>
Matt Barton		Sam Dixon	1/3	4/11 8/11 11/7 9/11
Michael Quinn		Zach Abbs	1/3	9/11 11/7 6/11 9/11
Henry Wall		Callum Zehner	1/3	7/11 7/11 11/9 6/11
n/a		Ieuan Jones	0/3	w/o
n/a		Mark Fincham	0/3	w/o
		<b>Result Middlesex beat Derby 5-0</b>		
Northants	v	Middlesex	<b>Score</b>	<b>Games</b>
Luc Elsby		Sam Dixon	3/1	11/9 11/5 10/12 14/12
Ryan Swadling		Zach Abbs	1/3	8/11 11/5 13/15 8/11
Alexander Webb		Callum Zehner	3/1	11/9 11/5 10/12 14/12
Andrew Featherstone		Ieuan Jones	1/3	7/11 12/10 8/11 5/11
Henry Walker		Mark Fincham	1/3	12/10 4/11 9/11 1/11
		<b>Result Middlesex bt Northants 3-2</b>		

Our U13 boys failed to progress in the first round of the main competition, having lost their number one player, Sam Dixon, to injury at the last minute. However, with Sam back, they travelled to Northampton for the subsequent plate competition and finished in first place. They now progress to the plate final which takes place in March, and we wish them the best of luck there.  
An outstanding result – congratulations.

Chris Rogal, Team Manager



**Well done to ANDREW TAYLOR who is up to no. 10 in the U15 national rankings (February 2010)**





## THE LATEST FROM THE MIDDLESEX JUNIOR SQUASH COMMITTEE:

At the last meeting we discussed a proposal to engage a County Coach for a few hours every week term time to co-ordinate and run County team and feeder squad training. We are happy to discuss this proposal with anyone interested - the funding has been agreed in principle. It could be an existing coach, current volunteer coach or job shared by a coordinator and several coaches.

ESR explained the status of their development coach who is also starting at Princes club and the advertisement for a London based development coach.

The juniors need a new supply of team shirts. We are looking for a sponsor or sponsors to be able to provide the fibre shirts with MIDDLESEX SQUASH on the back and the 3 swords Middlesex logo on the front (and any amount of sponsorship elsewhere) - anybody able to help please contact Tim Taylor.

The committee has several positions vacant, if you are interested in helping the juniors or know anyone (particularly anyone from the heyday of squash who now may have time and effort to put back into one of the many tasks or projects the committee need to undertake) please let Tim Taylor know.

Contact Tim Taylor, the Junior County or the Junior League Committee at [mdxjuniorsquash@tiscali.co.uk](mailto:mdxjuniorsquash@tiscali.co.uk)



### Interim Middlesex Junior League Report 2009 / 2010

My thanks go to the team managers for being so flexible at the start of the season due to the last minute rearrangements that took place.

We are just over half way through the season now and we should have played 20 fixtures to date. Unfortunately there have been 9 fixtures postponed due to availabilities and weather problems.

Can everyone please make an effort to rearrange the postponed fixtures.

Out of the 11 fixtures played, there have been some very close games. The closest fought league is the U15 with many 2-2 draws and only the count of games won separating the sides.

Top of the tables so far are:

U17 Finchley Manor  
U15 Finchley Manor  
U13 Stormont

All results have been reported and updated on the web site.

Don't forget you can find the e-card, for reporting results, under the Middlesex Junior League tab, on the left of the home web page of [Middlesexjuniorsquash.org.uk](http://Middlesexjuniorsquash.org.uk)

Good Luck to all teams and managers for the second half of this season and enjoy your squash.

Martin Wells  
Junior Middlesex League Co-ordinator