

SOUTHGATE SQUASH AND RACKETBALL CLUB

SATURDAY JUNIOR SQUASH COACHING SPRING TERM 2012

- CLUB:** Southgate Squash and Racketball Club,
Waterfall Road,
London N14.
Telephone: 07904 300288
Email: admin@southgatesquashclub.co.uk
- ORGANISER:** Sarah Wilkinson
Telephone: 020 8886 3891
- COACHES:** Coaches have England Squash coaching qualifications,
basic First Aid qualifications and are CRB checked.
- TIMES:** There are three one hour lessons starting at 2.00pm, 3.00pm
and 4.00pm.
- GROUPS:** There are two parallel groups at each time slot. Children are
allocated to a group based on age and ability. Each coach
works with no more than eight children and has two squash
courts.
- COST:** 10 lessons = £50.00 for non-members, £40.00 for members
- EQUIPMENT:** Juniors are advised to wear eye protectors as recommended
by England Squash.
Trainers should have non-marking soles and be mud-free.
Rackets and eye protectors can be borrowed.
- DATES:** First session: Saturday 7th January 2012
Last session: Saturday 24th March 2012
No coaching on 11th and 18th February (half term)

Please contact Sarah Wilkinson directly to book a place.